



## Tallaght Hospital 'leads the way in artistic engagement'

■ IAN BEGLEY

TALLAGHT Hospital's National Centre for Arts and Health is hosting an exhibition of selected artworks produced by adult patients attending the facility over the last six months.

The exhibition, led by artist in residence Deirdre Glenfield, aims to represent a valuable, positive and creative engagement for patients in the hospital environment.

According to Glenfield, in a situation where patients often feel out of control, art can serve as a therapeutic and healing tool, helping to reduce stress and anxiety and providing an opportunity for self-expression.

Tallaght Hospital's chief executive David Slevin said: "At Tallaght Hospital we take the patient experience

very seriously and are keen to support programmes and initiatives that engage with patients in what can be a difficult time.

"Through the great work of the National Centre for Arts and Health, and the artists it supports, we are leading the way in terms of artistic engagement and expression in the hospital setting in Ireland."

Exhibited along with the patients' work is a video artwork by Deirdre Glenfield titled *The Waiting Room*, exploring tensions experienced by patients in the waiting room when faced with life-changing health implications.

The exhibition will run April 21 at Rua Red Cafe, Tallaght.

Further information is available at [www.ruared.ie](http://www.ruared.ie).